

# CLAIRE COOK

*USA Today bestselling author of Must Love Dogs*

## NEVER TOO LATE

Your Roadmap to Reinvention  
(without getting lost  
along the way)

## WORKBOOK

Hi!

Thanks so much for subscribing to my newsletter. I'm thrilled to share this short workbook with you to help you in your reinvention and to show my gratitude for your support.

This is a companion to ***Never Too Late: Your Roadmap to Reinvention (without getting lost along the way)***, my latest release (and first nonfiction book!) so you'll certainly get more out of it if you've read the book—and I hope you will!

In ***Never Too Late***, I tell my own reinvention story—writing my first novel in my minivan at 45—walking the red carpet at the Hollywood premiere of the adaptation of my second novel, ***Must Love Dogs***, starring Diane Lane and John Cusack at 50—traveling to Isla Mujeres (island of women) to give the keynote at a women's conference to celebrate International Women's Day—and much more. I share everything I've learned on my own journey: quotes and stories that have inspired me and that I hope will inspire you, how to dust off your buried dream or *finally* figure out what you want to be when you grow up, practical strategies for staying on track, plus tips for creating a support group, building your platform and connecting via social networking.

My hope is you'll print out the pages that resonate for you and put them somewhere you can't miss them, so that anytime you need some inspiration or a reminder to stay on the path to your reinvention, they'll be right there for you!

Shine on—and keep me posted!



# Start Your Own Never Too Late Reinvention Group

## Facebook

It's easy to start a reinvention group on Facebook. You can make it open to everyone, closed, or even secret. [Here's a Facebook link to get you started.](#)

If you're looking for members, please feel free to post a link on my [Facebook author page](#) and invite people to join you. I'd love to stop by and say hi, too!

## Meetup

If you prefer a group that meets locally and in person, Meetup.com is a great way to start a reinvention group. Just go to [Meetup.com](#) and click on [Start a Meetup Group](#).

When you're asked to choose your name, if you call your group **Never Too Late Reinvention Group – Your Town**, you'll make it easy for other people who have read the book to find you. And when I'm in your neck of the woods, I'd love to stop by and chat, too. [Send me an email](#) when you're up and running!

Here are 3 starter questions to post on your FB reinvention group page, or to ask at Meetup during the speed networking activity I describe in the book:

Where are you?

Where are you going?

How can we help each other?

Good luck!

# Never Too Late Quotes to Inspire You

"Aim for a star, and keep your sights high! With a heart full of faith within, your feet on the ground and your eyes in the sky."—Helen Lowrie Marshall

"Let the beauty of what you love be what you do."—Rumi

"There is a vitality, a life force, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and be lost. The world will not have it."—Martha Graham

"Listen to the mustn'ts, child. Listen to the don'ts. Listen to the shouldn'ts, the impossibles, the won'ts. Listen to the never haves, then listen close to me . . . Anything can happen, child. Anything can be."—Shel Silverstein

"There is a special place in hell for women who don't help other women."  
—Madeleine Albright

"Really great people make you feel that you, too, can become great."  
—Mark Twain

"Only as high as I reach can I grow, only as far as I seek can I go, only as deep as I look can I see, only as much as I dream can I be."—Karen Ravn

"If you ask me what I came to do in this world, I, an artist, will answer you: I came here to live out loud."—Émile Zola

# More Never Too Late Quotes to Inspire You

"The best time to plant a tree was 20 years ago. The second best time is now."—Chinese Proverb

"A good time to laugh is any time you can."—Linda Ellerbee

"Create your legacy, and pass the baton."—Billie Jean King

"Be so good they can't ignore you."—Steve Martin

"I attribute my success to this: I never gave or took any excuse."  
—Florence Nightingale

"The most difficult thing is the decision to act, the rest is merely tenacity."—Amelia Earhart

"Whether you think you can or you think you can't, you're right."  
—Henry Ford

"Do or do not. There is no try."—Yoda

"Life begins at the end of your comfort zone."—Neale Donald Walsch

"Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think."  
—Christopher Robin to Pooh

## Quotes From Claire's Books

"There were only three things standing in my way all that time: me, myself and I."—Never Too Late

"Maybe part of finding what you wanted was recognizing what you didn't want. Maybe there was hope for me yet."—Must Love Dogs

"Karma is a boomerang."—Multiple Choice

"Time flies. Time flies faster every year. Time flies whether you're having fun or not, whether you're living your life big or small, whether you surround yourself with fear or with laughter."—Time Flies

If Plan A doesn't work, the alphabet has 25 more letters. (204 if you're in Japan!)—Seven Year Switch

"I don't want to look back, go back. I'm over it. I want something more."  
—Summer Blowout

"It hadn't taken me long to figure out it was less about vanity than it was about sanity. Walking always helped."—The Wildwater Walking Club

"Maybe deep down inside we were all still in our formative years. Maybe it was never too late for any of us to change."  
—Must Love Dogs: New Leash on Life





*“It is never too late to be  
what you might have been.”  
—George Eliot*



[ClaireCook.com](http://ClaireCook.com)



# Never Too Late: Takeaways

What 5 things in Claire's *Never Too Late* did you most need to hear? Write them down, print them out, and take them out again when you need to.

1.

2.

3.

4.

5.

# Never Too Late: Take the First Step

What's standing in the way between you and the life you really thought you'd be living by now?

What's the first step you can take to get there anyway?

# Never Too Late: Break it Down

Claire writes two pages a day, seven days a week. Find a version of her strategy that will work for you. Commit to it by writing it below, and figure out a way to make yourself accountable.

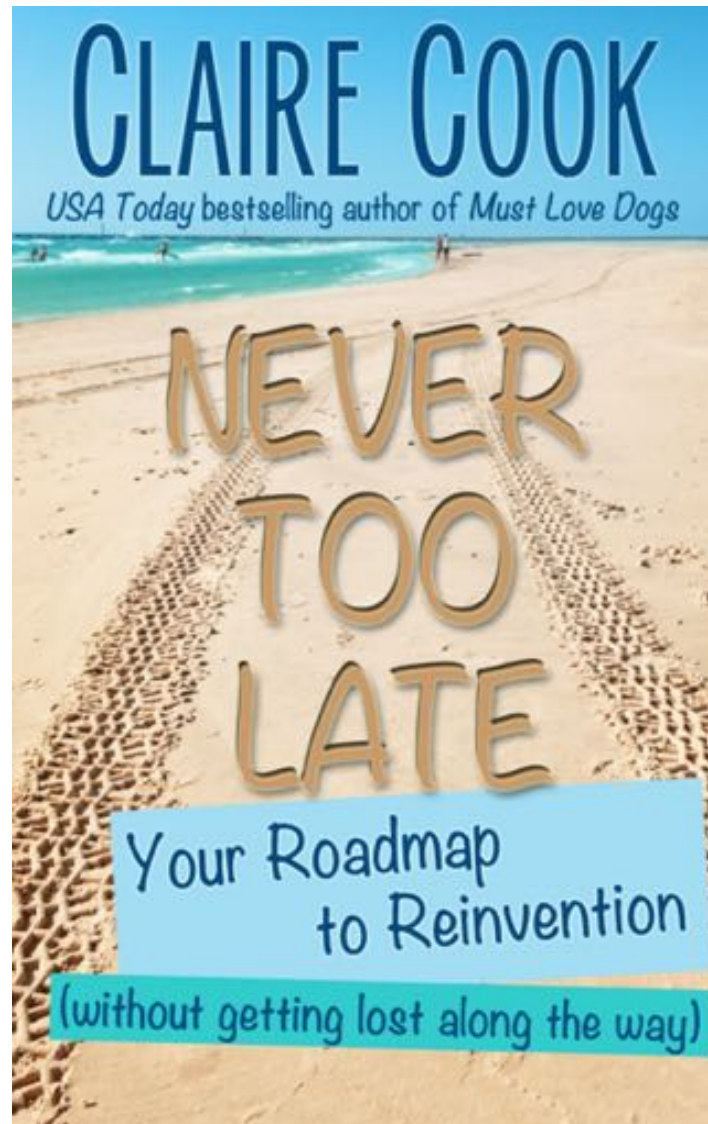
My strategy:

My plan for accountability:

# Never Too Late: The Best Part of Your Day

What is the freshest part of your day that's available to you? (Even if it's just a tiny window.)

How will you use and protect it as you reinvent your life?



If you haven't read ***Never Too Late*** yet, you can order your copy below. (Makes a great gift for a friend who's reinventing her life, too!)

[Kindle](#)

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# Keep in touch!

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